

4-2-3-1

Template | Defensive | Key Points



Take Away Points

- 6 & 8 must be strong and versatile
- Increased responsibility of 10
- Attacking players eliminate opposing resets
- ZONE 14 must be shut down

6-8

6&8 serve as screening players, sandwiching opposing offensive players in front of 4&5 preventing passes to the forwards.

ZONE 14!

- Area right in front of the 18yd box
- ~70% of goals originate here
- 6&8 MUST plug holes

10

As the "third" center defensive player, 10 would be giving up outside pockets of space....again adding protection to ZONE 14. At this point, 11 & 7 could (and should) drop back to make formation SEEM like (4-4-1-1), thus double teaming opposing wide players.

10 can also neutralize opponent's deep play maker

11,10,7,9

These offensive players are also to apply immediate pressure when opposing team tries to play the ball back

10,8,6

Could (and should) also stagger with 6 taking on a slightly more defensive responsibilities freeing up 8 to be more of a play maker. Regardless, both holding defensive midfielders are to (each) distribute effectively