

DATE:

# BRONCO SOCCER PRACTICE

Notes from previous match & Practice Focus

3:00 - 3:30 Warm-up & Conditioning

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3:30 - 4:00 Small Sided Activity

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3:30 - 4:30 Expanded Small Sided Activity

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4:30 - 5:00 Full Game

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Practice Highlights / player standouts / Starting Line Up